

PISD Student Health Advisory Committee
September 19, 2016
Minutes

TYPE OF ITEM (Presenter)	ITEM	ACTION
Dr. Nyla Watson	Introduction of members and review of the role of SHAC	All members introduced themselves. Dr. Watson discussed the purpose of SHAC and our service to our school district, as well as how versatile SHAC is and how we operate.
Pam Wilson, Executive Director of Special Programs	Co-Chair election, Wellness Plan (abstinence education)	Co-Chair Election: (Done towards the end of the meeting) SHAC unanimously nominated and elected Ted Frick (Student/THS) to Co-Chair. Abstinence Program exploration: "Big Decisions" program, UT School of Health's Abstinence Program, as well as any other programs we may come across.
Dorothy Simpson, Food Service Director	Implementation Plan	<p>PISD Health and Wellness Policy to be worked on in subcommittees and then finalized by SHAC.</p> <p>Subcommittees:</p> <ul style="list-style-type: none"> -Nutrition Promotion: Promoting physical activities and mix them into lessons. -Nutrition Education: Promoting and overseeing nutrition guidelines; Headed by Dorothy Simpson. -Physical Activity (Community/Staff) Promoting and overseeing physical activities and events for adult staff and community; Headed by Broussard and Dinhl. -Physical Activity (Students) Overseeing physical

		education for schools; Headed by Orsak. -School-Based Activities Overseeing, endorsing, and documenting all activities endorsing healthy living at schools; Headed by Ted Frick.
Dr. Natalie Fikac, Coordinator of Guidance Services	Suicide Prevention update	Dr. Fikac (Co-Founder and Co-Chair of the SPTF) explained the formation of PISD's Suicide Prevention Task Force. Ted Frick (Co-Founder and Co-Chair of SPTF) discussed the purpose and operation of the Suicide Prevention Task Force. First Meeting will be on September 21 st (Weds.) at Turner from 2:30-3:30.
Pam Wilson	Future Topics	- PE Curriculum Selection and Discussion (SPARK, Healthy and Wise, CATCH) -Abstinence Program Discussion -Suicide Prevention Task Force Update
Meeting Dates/Times		Meetings will be held in Conference Room E from 4:00 until 5:00 on the following dates: November 7, 2016; February 6, 2017, and April 10, 2017.

XC: Dr. John Kelly, Superintendent
Mrs. Nan Weimer, Deputy Superintendent
Dr. Brenda Waters, Assistant Superintendent for Elementary Education
Mrs. Sonia Serrano, Assistant Superintendent for Intermediate Education
Mr. Don Marshall, Assistant Superintendent for Business
Mr. Cary Partin, Assistant Superintendent for Support Services
Mrs. Tanya Dawson, Counsel
All Principals; All Directors

