

2022-2023

Pearland Junior High South

Boys' Athletic Policies and Procedures

Below you will find policies and procedures for the boys' athletic program for the entire school year. Student athletes must always follow all policies and procedures. Violations will result in consequences ranging from extra physical conditioning (also known as "Do-Rights") to dismissal from the team or athletic program.

PARTICIPATION

It is the goal of this football program to offer the opportunity of participation to every student who has the ability and desire to do so. However, no student is obligated to take part in football nor is participating in football required. It is to be stressed that participating in the PJH South Football Program is a privilege, not a right. Since it is a privilege, the coaches, in accordance with the Pearland ISD policy and due process procedures, have the authority to suspend or revoke the privilege when the rules and standards of this athletic program are violated.

ATTENDANCE

PRACTICES

All student-athletes are expected to attend all practices. Your coach will determine practice times and days well in advance. All football practices are after school, unless changed by their coach. Practices are important for the development of the program. If you are going to miss practice for medical reasons (i.e. doctor or dentist appointments) please notify your coach ahead of time. Please try to schedule appointments around practices. An unexcused absence is when a student-athlete goes to school but decides to not attend practice (skipping). Unexcused absences will not be tolerated. The following are the consequences for unexcused absences:

Unexcused Absences

- | | |
|-------------------------------------|--|
| 1 st unexcused absence = | Sit out the entire game. Student-athlete will not dress out for the game. |
| 2 nd unexcused absence = | Dismissal from the team for the rest of the season. The student-athlete may be placed on Athletic probation or removed from the program. |

8th grade practice will end at 5:30 and 7th grade will end at 6:00. Please pick up your child on time (no later than 15 min. after practice). If a child is consistently picked up late, the child may be removed from the program.

GAMES

All 7th grade games will be held on Tuesdays and all 8th grade games will be held on Wednesdays (unless indicated differently on schedule). All games start at 4:30 pm, unless otherwise noted. Games are extremely important, and it takes everyone on the team to be successful in a game. Games are a TEAM effort; therefore, your attendance at games is mandatory. Transportation will be provided to and from games. It is the responsibility of our student-athletes to be on time to the bus, otherwise they will be left behind. As parents, make sure we cheer for our kids and not demean other kids. Good sportsmanship is expected by all of those affiliated with PJH South.

STUDENT BEHAVIOR

Proper behavior and language are expected from all student-athletes. Misbehavior and culturally charged language will not be tolerated in the program. Student-athletes are expected to be role models for other students. Behavior on and off the field will be closely monitored.

SOCIAL MEDIA

Technology has created a ton of new issues for student-athletes. All we ask out of our student-athletes is to treat these things with caution. Remember that you are not only a reflection of your parents, but also a reflection of your coaches and your school. Do not trash talk or post things that your parents or coaches would not want you to post. Any inappropriate pictures and videos should be reported to administration immediately.

Please refrain from posting videos of games or highlights until after the season has concluded. We don't want to give our opponents an opportunity to scout us or see what we do before we play them.

EQUIPMENT

All equipment issued to a student-athlete becomes that student-athlete's responsibility. Student-athletes must check their equipment daily looking for defects of any kind. If anything needs to be replaced or repaired, the student-athlete needs to see a coach immediately. The day before games, our teams will receive their game day uniforms. If items are never returned, we will treat it as lost equipment.

If a student-athlete loses equipment they must pay for the lost equipment. Below are the prices/fees:

- Helmets- \$175
- Shoulder pads- \$150
- Game Pants- \$50
- Game Jersey- \$50
- Practice FB pants- \$30
- Game Socks- \$15
- Knee pads- \$10
- Combination Lock- \$7
- Football Belts- \$3
- Mouth pieces- \$3

DRESS CODE

Yearly, there is a problem with student-athletes and dress code. We are a team and when a student-athlete is in ISS or D-hall because they cannot follow a simple dress code, it does not help the team. Do not wear clothes that are too baggy and/or pants that will sag. Players that cannot follow the dress code may be put in D-Hall or ISS. In athletics and practices for all seasons, we are expected to wear school color socks and cleats all year. School colors are red, black, grey, and white.

It is very frustrating to prepare a team for a game, only to have a player get in trouble for dress code!!!

EARRINGS

We follow the PISD policy on earrings. We do, however, ask the student-athletes to not get new earrings during the school year. Student-athletes must take out their earrings every time they enter our athletic facility throughout the entire school year. If/When an athlete gets a new earring, we will still expect them to remove it during the athletic time.

D-HALLS

If a student is assigned a D-hall for ANY reason, the following may occur:

Any D- hall - Do rights (extra running, squat jumps, pushups, etc....)

D-hall on a game day - Sit out the game and Do rights.

Excessive D-halls may result in removal from the team and athletic class!

THEFT

We are one team and we will not tolerate any theft in the locker room or school building. Any student-athlete caught stealing may be removed from the team and the athletic class.

ISS/ ALA/ SUSPENSION

If a student is assigned ISS he is not allowed to participate in/observe after-school activities during their time in ISS. If a student finishes their ISS assignment on a game day their will **not** play in the game that day. Any student-athlete assigned ISS a second time will be removed from the team and may be removed from the athletic class.

Any student-athlete suspended may be removed from the team and the athletic class.

Any student-athlete assigned ALA will be removed from the team and may be removed from the athletic class.

CONDUCT/GRADES

Good conduct in the classroom is as important as good conduct on the field. The boy's athletic program expects our student-athletes to be role models. Unsatisfactory or poor behavior will not be accepted. Consequences for these behaviors consists of the following:

Do rights

Game suspensions

Removal from team

Removal from athletic class

We follow the NO PASS NO PLAY (House Bill 72) rule, which means athletes must pass ALL classes. If a student-athlete fails just one class, they are ineligible for at least three weeks. IF a student-athlete consistently fail nine-week terms, they will be placed on probation and/or removed from the athletic program to concentrate on their academics. All tutoring is expected to be done in the mornings, not during practice.

ATHLETIC PROBATION

Any student-athlete that is put on athletic probation, for any reason, will follow these guidelines:

To return to the athletic class the following year they must pass ALL classes, have all E's and S's in conduct for the first six weeks of the following year, and they must not have any negative office referrals. If they complete this probation successfully and want to be back on the team, then they will be back on the team if they desire.

PRACTICE GUIDELINES

Practices are very important. Several skills and conditioning will be covered every day. In order to get the most out of practice, your coach needs for you to be focused at all times. In order to help you focus your coach has set up a few guidelines to follow.

1. **BE PREPARED.**

Being prepared for practice means that you are on time, have all necessary equipment, check to make sure all necessary equipment needed for practice that day is out and ready and you have yourself mentally prepared.

2. **HUSTLE.**

Student-athletes do not often walk and lounge around. You need to hustle for loose balls, hustle to your next position, and hustle to your coach if he needs to speak with you.

3. **PAY ATTENTION.**

If your coach is speaking or something is happening on the field, you need to focus your attention on it 100% of the time. This means that any talking/distractions should be kept to a minimum.

4. **EFFORT.**

100% effort should always be given. Anything less isn't the Diamondback standard and will not be accepted.

5. **RESPECT.**

Student-athletes should always respect coaches and others through their words and actions. Just like your kindergarten teacher told you, if you can't say something nice then don't say anything at all. We expect our student-athletes to say, "Yes sir, no sir, yes ma'am, no ma'am, please, thank you, you're welcome, excuse me, etc."

If the athlete does not follow the practice guidelines the following consequences MAY occur as deemed necessary by the coach.

"DO RIGHTS" PHYSICAL CONDITIONING...including but not limited to:

Extra running, crunches, pushups, squat jumps, running, wall sits, etc.

Severe or repeated offenses MAY result in dismissal from the team!

COVID-19 REGULATIONS/PROTOCOLS

Masks are optional for all student-athletes. That means they can choose to wear or not wear a mask while standing on the sideline or while in the field of play. If your child wears a mask, that means that your child will also need to wear their mouthpiece while wearing their mask.

All student-athletes will be required to bring their own water jug for practices and games. The jug should be big enough to hold enough water to last the entire practice/game.

Self-screening should be done every day prior to attending practices and games. Use the Pearland ISD Self-screening tool to answer and decide whether you and/or your child should attend a function. You will NOT need to turn in a paper, but you should verify every day that your child is clear. If you answer yes to any question on the Self-Screening Tool, do not come to practice or the game. Be sure to contact your child's coach via remind or email and inform us of the absence and reasoning.

If someone in your household tests positive for COVID-19, then you will need to email Coach Pardo (PISD Athletic Director- pardob@pearlandisd.org), Coach Wells (PISD Asst. Athletic Director- wellse@pearlandisd.org), Ms. Beck (PISD Health Services Coordinator- beckc@pearlandisd.org), Ms. Brittle (PJHS Trainer- brittlej@pearlandisd.org), Mr. Frerking (PJHS Principal- frerkingj@pearlandisd.org) and myself (whittakerj@pearlandisd.org). The email should inform us of the situation and giving us a timeline of events.

RETURN THIS PAGE TO THE HEAD COACH. (Keep other pages)

I have read, understand, and agree to follow Pearland Junior High South Boys Athletic Policies and Procedures. By signing, I agree to abide by all rules and regulations set forth by the Pearland Junior High South Boys Athletic Program.

X _____
Parent/Guardian Signature **Date**

X _____
Student Signature **Date**

Print student's name