

Challenger Elementary PTA Eagle Update

PTA MEMBERSHIP – Congratulations to Challenger Elementary PTA Officers for the 2022-2023 school year: Allison Anderson (Vice President), Amber Johnson (Secretary) and Aurora Contreras Christy (Treasurer).

We need Committee Chairpersons for next school year including: B.E.A.R Night, S.T.E.P., Environmental, Fundraising, Family Engagement, Retail Partners, and Arts in Education. Please email us at challengertxpta@gmail.com if interested in serving.

FUNDRAISER – Challenger Elementary PTA's Spring Fundraiser with Read-a-thon was a HUGE success! Thank you so much to everyone for participating and supporting us and our programs at Challenger Elementary.

ENVIRONMENTAL – See what's growing in the garden! Please join the Sunrise Garden Club (SGC) for its annual Garden Tour on Saturday, **April 2, 2022** from 8-9 am. There will be donuts and fun activities. Please note there is no bathroom access during this event.

Compost Drop-off for 3rd and 4th grades will be **Friday, April 8, 2022**. Collect and bring the following items to help our garden grow: eggshells, old flower arrangements, freezer-burned vegetables, fruit and vegetable peels, fruit parts, leaves, houseplant trimmings, nut shells, paper towels/napkins, plant vines, stale bread. ****NO MEAT PRODUCTS OR GRASS CLIPPINGS****

4TH GRADE AWARDS – The 4th Grade Awards ceremony will be on Wednesday, **May 25, 2022** from 8-9 am. Parents/guardians of 4th graders – be on the lookout for the order form to get your student a special t-shirt with the Eagle logo on the front and their graduation year on the back.

FAMILY ENGAGEMENT – April is Stress Awareness Month. It is normal for everyone to feel stressed from time to time. Stress is the physical or mental response to an external cause like having a lot of work, being sick, or arguing with a friend. Stress usually goes away once the situation is resolved. It can be positive or negative – some people are inspired to complete a project deadline while others may lose sleep over it.

It's important to figure out healthy ways to cope with stress and what works best for you. Some ideas include writing in a journal, exercise (lots of options including walking and stretching), eat healthy foods and stay hydrated, stick to your sleep schedule, talk to a friends or family member who can help you cope with stress in a positive way. For more helpful information on stress, check out this page:

https://www.nimh.nih.gov/sites/default/files/documents/health/publications/so-stressed-out-fact-sheet/20-mh-8125-imsostressedout_1.pdf.

YEARBOOK – The yearbook for 2021-2022 is finalized! Be on the lookout for delivery information in May for those who ordered.

RETAIL PARTNERS – Did you know? You can link your accounts at AmazonSmile, Kroger and Randall's to Challenger Elementary PTA and they will donate a percentage of your purchases to us. Please visit <https://www.pearlandisd.org/Page/5009> for instructions on how to set up your accounts to donate to Challenger Elementary PTA. THANK YOU!

Email us at challengertxpta@gmail.com Like Us on Facebook @ChallengerPTA

THANK YOU FOR SUPPORTING THE CHALLENGER ELEMENTARY PTA!