

## STUDENT HEALTH ADVISORY COMMITTEE MEETING 9-18-17

### Introductions

Dr. Lisa Nixon  
Dir. Testing

Dr. Nixon welcomed everyone, shared that Dr. Watson was invited to meet with TEA and was sorry she missed this first meeting. All committee members introduced themselves to the group.

### SHAC Officer Elections Co-Chair, Secretary

Dr. Lisa Nixon  
Dir. Testing

Dr. Nixon explained that the committee will have officer elections for the position of Co-Chair and Secretary. Dr. Nixon asked any member that is interested in serving in one of the positions to email Dr. Watson to be considered for election.

### Federal Nutrition Guidelines

Dorothy Simpson  
Dir. Food Service

Mrs. Simpson explained that this is the first year that does not have a significant amount of changes for cafeteria lunches for students. One change that was not made was the reduction in the amount of sodium due to the lack of medical proof that indicates a further reduction in sodium intake helps students.

The committee also discussed the food offerings in the school cafeterias as well as the option for students to have a special diet if medically necessary. Mrs. Simpson offered to speak with parents with individual concerns and provided her email address ([SimpsonD@pearlandisd.org](mailto:SimpsonD@pearlandisd.org)).

Mrs. Simpson also shared that the Hurricane Harvey free breakfast and lunch offering will end on October 2<sup>nd</sup>. Mrs. Simpson explained how families can apply for free or reduced lunch.

### Staff Development Report on SPARK Coordinated Health Program

Kim Orsak  
Lead PE Teacher

Mrs. Orsak shared that the PE teachers received training on the new SPARK Coordinated Health Program during the August 15<sup>th</sup> staff development. The teachers reviewed the online components and the remainder of the materials will arrive on campuses this week. These teachers will have an additional training on the SPARK program on the October 9<sup>th</sup> staff development day.

#### Maintenance of Schools (Daily & Hurricane)

- Clean after Hurricane Harvey
- Pest Control
- Locker Rooms

Larry Berger  
Dir. Maintenance

Mr. Berger reviewed the status of the Hurricane Harvey clean up in the district. Mr. Berger shared that most district buildings did not have significant water damage. The committee discussed the concern about mold in school buildings as a result of the Hurricane and Mr. Berger explained the steps the district is taking to ensure all buildings remain safe for students and staff. The district is following EPA Protocols and Checklists to address any additional water damage found in buildings, and the campuses are communicating, as needed, with parents regarding specific situations at individual campuses. There was a concern about an increase in asthma incidents as a result of the buildings being wet and Christine Beck (Lead Nurse) said that she had not received any reports of this.

Mr. Berger also reviewed the Pest Control procedures in the district. He shared that there will be an increased number of “pests” after a flood. Mr. Berger shared that the district will follow the Texas IPM as stated in District Policy. Matt Cline is the IPM coordinator for the district. The committee discussed that once the IPM threshold is met, a letter will be posted notifying everyone that in 48 hours the section of the building will be treated. There is also an option to treat immediately in an emergency situation.

The committee also discussed the cleaning and maintenance of campus locker rooms. Mr. Berger explained the cleaning protocol, follow up supervision, and maintenance of the locker rooms.

#### Sexually Transmitted Diseases (from 2017)

Dr. Lisa Nixon  
Dir. Testing  
Kim Orsak  
Lead PE Teacher

The committee discussed when the Sexually Transmitted Diseases topics would be taught. Dr. Nixon and Ms. Orsak shared that the SPARK program includes these topics, in age appropriate ways. The committee discussed that counselors in middle school and junior high could use the SPARK program resources to meet with students individually as needed to discuss these topics. The high school PE teachers will incorporate these lessons in PE classes. The committee discussed that only about a third of the high school students take regular PE in high school and it is the committee’s goal to reach all high school students. The committee will continue to think about how these topics can be incorporated for all high school students.

Future SHAC Dates:

November 6, 2017

February 5, 2018

April 9, 2018

The committee discussed talking about the District Concussion Protocol (especially for junior high) and E-cigarettes during the next meeting.