

Pearland ISD Parents,

The University Interscholastic League (UIL) has amended rules to their constitution and contest rules for the 2020-2021 school year regarding Pre-Participation Physical Examinations for High School Marching Band (Grades 9-12) and Athletics (Grades 7-12). This change will be valid ONLY for the 2020-2021 school year. Per UIL guidelines, the following must be done prior to any try-out, participation, practice, or performance including in-season or off-season activities:

Returning Athletes (Grades 8-12) & Returning High School Marching Band Students (Grades 10-12) that have a 2019-2020 Pre-Participation Physical Examination on file in Pearland ISD:

1. MUST complete an updated 2020-2021 Medical History form only.*
2. Turn in completed 2020-2021 Medical History form to campus athletic trainer or band director.
3. Complete Pearland ISD & UIL online forms at <https://pearlandisd.rankonesport.com/New/Home.aspx>

**In conjunction with UIL guidelines, further review of Medical History form will dictate if any additional medical documentation or a new Pre-Participation Physical Examination would be required prior to clearance for activity.*

All 7th Grade Student Athletes & Incoming New Student Athletes:

1. MUST complete the 2020-2021 UIL Pre-Participation Physical Examination and Medical History form (***Pre-Participation Physicals will need to be completed by your personal physician, local clinic, or medical facility***).
2. Turn in completed 2020-2021 UIL Pre-Participation Physical Examination and Medical History form to campus athletic trainer.
3. Complete Pearland ISD & UIL online forms at <https://pearlandisd.rankonesport.com/New/Home.aspx> (***An email will be sent in July once incoming 7th grade students have been added to the online system***)

Incoming 9th Grade Marching Band Students:

1. MUST complete the 2020-2021 UIL Pre-Participation Physical Examination and Medical History form (***Pre-Participation Physicals will need to be completed by your personal physician, local clinic, or medical facility***).
2. Turn in completed 2020-2021 UIL Pre-Participation Physical Examination and Medical History form to band director.
3. Complete Pearland ISD & UIL online forms at <https://pearlandisd.rankonesport.com/New/Home.aspx>

While UIL has extended the 2019-2020 Pre-Participation Physical thru the 2020-2021 school year, Pearland ISD strongly recommends and encourages all parents to complete the normal yearly physical if possible.

Medical History and Pre-Participation Physical Examination forms can be found:

<https://www.pearlandisd.org/cms/lib/TX01918186/Centricity/Domain/48/PISDPhysicalMedHistory.pdf>

If you have any questions, please call the Athletic Trainer at:

- Pearland High School 281-997-3260 or 281-997-3283
- Dawson High School 281-412-8835 or 281-997-8840