

THE WEST GIRLS COACHING STAFF
INVITES ALL INCOMING 7TH AND 8TH
GRADE GIRLS TO ATTEND THE
STRENGTH AND CONDITIONING CAMP.

What to Bring:

Shorts, T-shirts

Running shoes

**Water bottle (gallon
jug)**

Sunscreen

Medications

Towel

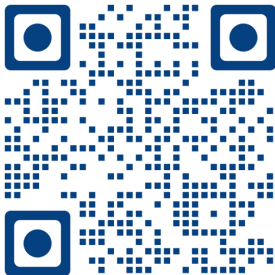
**A HARD WORKING
ATTITUDE!**

WATER WILL NOT BE PROVIDED.

**ALL PARTICIPANTS MUST HAVE A
PHYSICAL ON FILE WITH PJH WEST
AFTER APRIL 1, 2022.**

**Sign up for the Sportsyou App—this app is
used for us to communicate with you
about changes related to camp**

Scan QR Code for App Code



***PEARLAND WEST GIRLS
SUMMER STRENGTH AND
CONDITIONING CAMP***

WHO: WEST 7TH & 8TH GRADE GIRLS

WHEN: MAY 31ST THRU JUNE 30TH

MONDAY – THURSDAY

(EXCEPT WEEK 1 TUE - FRI)

9:00AM– 11:00 AM

WHERE: PJH WEST

COST: \$100 REGISTRATION

\$120 LATE REGISTRATION

(WALKUPS)

REGISTRATION INFORMATION

ALL STUDENTS MAY REGISTER ONLINE

UNTIL MAY 22ND

. ONLINE PAYMENTS:

<https://pearlandisd.revtrak.net/>

SAB STUDENTS DO NOT BRING CAMP

PAYMENTS TO SCHOOL.

**After May 22nd there will be a late fee (\$20)
and students will register on the first day of
camp.**

ATHLETE NAME: _____

PARENT NAME: _____

PARENT CELL PHONE: _____

EMERGENCY PHONE: (IF DIFFERENT) _____

EMAIL: _____

GRADE ENTERING 2022: _____

**ALL PARTICIPANTS MUST HAVE A PHYSICAL
ON FILE WITH JH WEST AFTER APRIL 1, 2022**

Waiver of claims: I, as a parent or guardian, hereby give permission for my child to participate in the girls strength and conditioning camp and acknowledge the fact that he/she is physically able to participate in camp activities. I hereby authorize the camp staff to act for me according to their best judgment in any emergency requiring medical attention. I acknowledge that I may be responsible for any cost (through family medical insurance or otherwise) incurred due to sickness or injury to my son/daughter. I hereby waive any claim I might have against the camp, director, or the institutions providing the facilities.

This athletic camp/clinic follows guidelines set forth by Pearland ISD and the UIL.

Parent/Guardian Signature:

This athletic camp/clinic follows guidelines set forth by Pearland ISD and UIL.

Camp Directors:

Blair Gray grayb@pearlandisd.org

Brandy Cagle cagleb@pearlandisd.org