
Student Health Advisory Council (SHAC) - Minutes

Location: Virtual Meeting

Date: September 28, 2020

Time: 4:00 p.m.

Agenda details:

1. Welcome & Introductions

Dr. Nixon welcomed the committee members and each member introduced themselves to the group

2. Purpose

- a. Need a volunteer to serve as a Co-Chairman

Dr. Nixon reviewed the purpose of the SHAC and gave an overview of the plans for the council for the year. Dr. Nixon also asked for a parent volunteer to serve as the chairperson this year.

3. COVID-19 District Planning & Procedures – Christy Beck & Dr. Lisa Nixon

Christy Beck, School Health Coordinator, reviewed the Pearland ISD COVID-19 Flowchart and answered questions from council members. Mrs. Beck also reviewed the campus procedures for when an individual tests positive for COVID or is symptomatic as well as reviewed the required notifications. Mrs. Beck discussed the difference between Diagnostic COVID tests and Antibody tests. Mrs. Beck also shared that Pearland ISD does not require a doctor's note to be faxed directly to the school. Mr. Hayes, Director for Safe and Secure Schools, shared that the district will soon be utilizing a Frontline "app" that will allow students and staff to enter symptoms in the online application and it will automatically generate required letters and notify appropriate staff. Mrs. Beck explained that this will help streamline the recording keep process.

Mrs. Beck shared that in October there will be Flu Shot Clinics on campuses and at ESC to provide an opportunity for staff to receive their flu shots.

Dr. Nixon asked the high school students to share their thoughts on how school was going so far in light of COVID-19. One student (a remote learner) shared that he felt it was going pretty well, students are adjusting to online learning. However, he asked about a focus on social interaction – remote students can feel isolated. He encouraged students to go outside as it's



hard to stare at a screen all day. It's a big social adjustment and it would be helpful to have a chance to talk to other students. Another student (also a remote learner) shared that she does not know how to access mental health resources. It was suggested that a link to mental health resources be added to Canvas for easy access for students. Another student (on campus learner) shared that Marching Band has gone well, and students are responsibly wearing masks. However, there are students on campus who are not wearing masks as directed.

A parent shared concern about the end of the nine weeks and the potential for a significant increase in the number of on-campus students and the challenges/inability for campuses to adequately socially distance the students. Dr. Nixon explained the other mitigating measures, in addition to social distancing, that the campuses are encouraging/enforcing are face masks and handwashing. Another concern was raised was about whether or not parents would report a test confirmed case of COVID-19 in their household. Mrs. Beck explained that we work closely with the Brazoria County Health Department. The district is required to notify Brazoria County the day when we receive notice from a parent of a confirmed case. If there is a Pearland ISD student or staff member that Brazoria County knows has tested positive, but the County does not have information from the district about the case, the county contacts the positive case (or guardian) as part of contact tracing, instructs the positive case to isolate and for the close contacts to quarantine, and also encourages the individual to report positive results to the district. Jesse, a member and the epidemiologist for the Brazoria County Health Department, confirmed this and shared that he always encourages parents to report a positive case to the school district.

4. SHAC Statement for School Nurses & Counselors – Dr. Lisa Nixon

Dr. Nixon shared the list of School Nurses/Health Care Assistants and Counselors with the council. This fulfills the requirements of Texas House Bill 18 (86th Legislature) that requires SHAC to post a statement of whether each campus has a full-time nurse or full-time school counselor.

5. Pearland ISD Wellness Policy – Dr. Lisa Nixon

Dr. Nixon shared that one of the tasks for SHAC this year is to review the district's Wellness Policy and make any suggested edits/updates to the policy.

6. Next Meeting – Monday, November 9, 2020 at 4:00 p.m.