

**Minutes of Regular Meeting**  
**School Health Advisory Council (SHAC)**  
**Pearland Independent School District**

---

A Regular Meeting of the Pearland Independent School District School Health Advisory Council (SHAC) was held on **Monday, November 8, 2021**, beginning at 4:00 p.m.

The subjects discussed and considered are summarized below.

1. ARP ESSER III Proceeding with Purpose (Return to In Person Instruction and Continuity of Services) Review – Donna Tate, Federal Programs/Grants Administrator
  - ESSER III District Webpage: <https://www.pearlandisd.org/Page/27257>
  - *Donna Tate explained that ARP ESSER III funding requires Pearland ISD to describe the district's plan for the use of these funds. District stakeholders can provide feedback through a survey linked from the district website and during Public Comment during a Board Meeting. As of this week, there were 39 survey responses from parents, community members, teachers, and other school personnel. Comments included concerns about air filtration system and substitute teachers.*
  - *ARP ESSER III requires district to have a Return to In Person Instruction and Continuity of Services (RIPICS) Plan. Pearland ISD has reviewed local, county, state, and federal COVID-19 safety requirements for students and staff for in-person instruction and maintaining services, as required in the ARP ESSER III statute. Pearland ISD provides for RIPICS through its Proceeding with Purpose Plan, comprised of three Pledges: Health & Safety, High Quality Instruction, and Staff & Student Support.*
  - *Ms. Tate asked for any SHAC member feedback. A member shared the mitigation strategies are great, but there is evidence of students who have fallen behind academically, students who are facing emotional challenges, and teachers feeling a great deal of stress. Dr. Moore (Coordinator of Guidance Services) shared that students currently lack socialization skills due to being isolated during the COVID pandemic. Teachers and counselors are now having to teach students how to talk and interact with one another, communicate with others, and interact with one another – especially in the early grades.*
  
2. Review of Coordinated School Health Program – Dr. Lisa Nixon, Assistant Superintendent of Special Programs
  - *Dr. Nixon shared that every independent school district is required by law to have a school health advisory council (SHAC) of which the majority of members must be parents who are*

*not employed by the school district. The SHAC is annually appointed by the local education agency Board of Trustees. SHAC provides advice to the district on coordinated school health programming and its impact on student health and learning. Coordinated School Health is a systematic approach of advancing student academic performance by promoting, practicing, and coordinating school health education and services for the benefit and well-being of students in establishing healthy behaviors designed to last a lifetime. A coordinated school health program focuses attention on eight priority areas for the most effective and efficient way to meet the health needs of young people. These priorities are Nutrition Services, Health Services, Healthy & Safe Schools, Counseling & Mental Health Services, Staff Wellness, Parent & Community Involvement, Physical Education, and Health Education. All Texas schools are required to implement a coordinated school health program in grades K – 8. Dr. Nixon also explained the District Wellness Policy requirements and the purpose of the District Wellness Plan. Ultimately, the goal is to have a positive impact on the health outcomes of our students.*

### 3. Updates from Pearland ISD Food Services – Ann Shetler, Dietitian

- *Ann Shetler presented an overview of Food Services in Pearland ISD. Ms. Shetler shared that we are celebrating the 75<sup>th</sup> year of the National School Lunch Program. Our Food Service department is made up of approximately 200 staff members, 24 cafeteria sites and serve 13,300 lunches daily. This year, with all meals being free for all students every day, we are serving over 70% Free and Reduced and 63% of students in the paid category (serving more students at school than before the COVID pandemic). Offering more special and modified menus than ever before – food allergies, such as peanut, tree nut, dairy, etc. Whatever the needs are of the student we will purchase and prepare food for students with special dietary needs.*
- *Pandemic impact – the Food Service department started serving Curbside Meals before instruction resumed on a remote basis. Food Service staff was back to work the very first week after the pandemic started to prepare for long-term curbside meals. The highest curbside meals counts were during the summer of 2020 which reached approximately 1,400 meals per day. During the 2020-2021 school year, we provided both Curbside meals and In-Person Feeding – all meals were free for all students. Total meal counts were significantly depressed. For the current school year, there have been challenges of staffing shortages, supply chain disruptions and delivery delays. Have not received a full delivery as ordered since August – constantly working with suppliers to see what substitutions can be made.*
- *Anticipated Challenges for the 2022 – 2023 school year – early warning signs indicate that disruptions will continue next year, currently unknown constraints related to Nutrition Guidelines, and it is not yet known if we will have free meals for all.*

#### 4. COVID-19 District Planning & Procedures – Christy Beck, Coordinator of Health Services

- *Mrs. Beck discussed our recent change in COVID testing in the district. Texas Department of Emergency Management (TDEM) is moving away from supporting COVID testing and is now focusing on administering vaccines. Mrs. Beck explained that we are working with the Texas Education Agency (TEA) and Texas Department of State Health Services (DSHS) for our COVID testing supplies. This partnership has required a change from the BinexNow rapid tests to the Thermo Fisher Scientific™ ReadyCheckGo™ Testing Program, in partnership with Color Health. This change in testing programs requires all students and employees to complete a new registration and consent form to be eligible to schedule a rapid test now or in the future. COVID testing is currently provided on each campus as well as the district Rapid Testing Center.*
- *The district is also working with vaccine providers to set up a vaccine clinic on a Pearland ISD campus on a weekend to provide an opportunity for parents, students and staff who qualify for a booster who would like to receive the vaccine. Mrs. Beck also explained how the district has addressed any spikes in COVID cases on campuses, including collaboration with the Brazoria County Health Department and testing cohorts of students in areas with a significant number of cases.*
- *A SHAC member asked for clarification on who can be tested on the campus. Mrs. Beck explained that any student who is on campus may be tested. These students may be tested because they develop symptoms during the school day or because they may have been a close contact to an individual who has tested positive for COVID. However, close contacts are encouraged to make appointments at the RTC 5-7 days after exposure. Campus Nurses are good sources of information regarding COVID procedures and recommendations. Any student or staff who is experiencing symptoms should not attend school that day. Instead, they may make an appointment to be tested at the Rapid Testing Center. Mrs. Beck shared that a parent will always be called prior to any test being performed, and all testing is provided at no cost to staff or students.*

#### 5. Next Meeting – Monday, February 7, 2022