



# Pearland Independent School District

## PEARLAND INDEPENDENT SCHOOL DISTRICT MEDICATION GUIDELINES

**When possible, all medication should be given by the parent at home.** However, some medication will be dispensed at school according to the following guidelines:

1. Written permission and specific directions for administration of medication are required. Directions must include student's name, date, and name of medication, dosage, and time to be administered.
  - A physician's authorization form must be signed by the physician, dentist, AP nurse or physician's assistant and parent if a medication is to be administered for longer than ten (10) consecutive days.
  - Over-the-counter medication (OTC) and other prescription medication may be administered for a period of no longer than ten (10) consecutive days, provided signed permission has been provided by the parent or guardian.
2. All medication must be provided by the parent in the original container.
3. All medication must be brought to the clinic on arrival to school.
4. The student should not carry on him/herself nor administer to him/herself any medication. Exceptions may be made for asthma inhalers at secondary schools (grades 7-12). (See #8)
5. The school nurse will supervise the storing and dispensing of medication.
6. When a student brings a new medication to school, the school nurse must give the initial dose.
7. **Field Trip Medication:** Long-term prescription medication will be given on a field trip provided the parent understands the following:
  - Long term medications will be given by another staff member during the field trip. The nurse does not attend field trips. One dose of your child's medication will be sent with the designated staff member in a properly labeled container from the pharmacy where the prescription is filled. This must be supplied to the school nurse prior to the day of the field trip. If a separate container is not supplied the nurse will send all the medication in the bottle from the clinic.
  - The parent may elect not to have the child receive medication on a field trip.
  - The parent may attend the field trip and administer medication to their child.
8. Permission to carry asthma inhalers will be given to secondary students (grades 7-12) provided a contract between student, parent, nurse and doctor is signed. You may obtain this form from the school nurse. This privilege may be withdrawn by the nurse if the student does not demonstrate proper responsibility in regard to medication.
9. Every effort will be made to give medication as close to the specified time as possible. However, students often forget medication or there are emergencies in the clinic. The nurse will make sure that medication is administered with ½ hour of the scheduled time. This is standard for hospitals and other facilities where medications are administered.
10. **In order to assure the safe delivery to school of controlled medications, the parent should deliver these medications directly to the nurse.** However, if this is impossible; the parent must adhere to the following:
  - The parent must bring the original prescription container to school initially.

- When the medication container is empty, it will be sent home with the student.
  - A note will also be sent home for the parent to fill out and send back to the nurse with the medication.
  - The parent should count out how much medication they are sending in the bottle, fill in the medication name and amount and sign the form.
  - The student must bring medications to the nurse on arrival to school.
11. If the dosage of the student's medication is changed **\*or the time given is changed**, a new physician's authorization form must be signed. This applies also to any new medications. These forms are available in the nurse's office, and online.
  12. Food supplements will not be given during school hours.
  13. **Medication orders may only be received from physicians, dentists, AP nurses and/or physician's assistants licensed to prescribe medication in Texas.**
  14. Medications from foreign countries, including Mexico, will not be given during school hours.
  15. Only medication that has been approved by the FDA will be given during school hours.
  16. At the end of the school year, all medication must be picked up by the parent in the nurse's office. Any medication left in the nurse's office will be destroyed.
  17. **Athletics:** If your child is in athletics and there is a Licensed Athletic Trainer **\*(LAT)** on campus, they may give your child OTC medication as ordered by the team doctor and provided a parent or guardian has signed the medication permit on the student's physical form. A complete list of these medications may be requested from the LAT.

The Licensed Athletic Trainer will provide only ONE dose of over the counter medication. They cannot supply medications on a regular basis or for extended periods of time. You will be notified if your child is frequently requesting OTC medication from the LAT. If your child requires long term administration of any medication please see your campus RN.

Records are kept for any medication your child receives. If you have any questions regarding any medicine your child receives please contact the LAT.

Any medication brought to school by the athlete must be brought to the LAT or the RN immediately. All medications on campus must be located in a secure area. No student is allowed to carry medication without authorization and as previously stated is limited to asthma inhalers & Epi-pens. **The campus RN will not administer medication that is kept in the LAT office.**

Only a Licensed Athletic Trainer or the Team Physician will administer medication. If your child requires an asthma inhaler and plans to self administer please see your campus RN for the required forms. Please ask the pharmacy to label the MDI and the box.

If your student is a diabetic please see the campus RN. She/He will work closely with the Licensed Athletic Trainer to assist your child manage his diabetes and follow their prescribed individual health plan.

If your child requires an Epi-Pen please see your campus RN for the required permission forms. Please ask the pharmacy to label the pen and not just the box.