





Pearland I.S.D. High School Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Offered at Breakfast Daily: Variety of Whole Grain Cereals Variety of Breakfast Entrees Fruit, 100% Juices and Choice of Milk</p> <p>Offered at Lunch Daily: Hot & Spicy Chicken Sandwich Cheeseburgers, Hamburgers Pepperoni (Turkey/Beef) or Cheese Pizza BIG Uncrustable Peanut Butter & Jelly Choice of Milk</p>				
2	3	4	5	6
Jalapeno Cheese Nachos Turkey Taco & Cheese Nachos Ranchero Beans Cucumber Slices with Tajin Fresh Apple Slices Frozen Fruit Cup	Cheese Stuffed Breadsticks All Beef Hot Dog on a Bun Baby Carrots Crinkle Fries Marinara Cup Banana	Mac & Cheese with TX Toast Shredded Pork BBQ Sandwich Seasoned Sweet Corn Spinach & Romaine Salad Craisins Fresh Apples	General Tso's Chicken & Fried Rice Mandarin Orange Chicken & Fried Rice Steamed Broccoli Baby Carrots Applesauce Fresh Orange	Chicken Drumstick & Biscuit Steak Fingers & Biscuit Mashed Potatoes with Gravy Green Beans Craisins Dried Apple Crisps
9	10	11	12	13
Jalapeno Cheese Nachos Turkey Taco & Cheese Nachos Ranchero Beans Cucumber Slices with Tajin Fresh Apple Slices Frozen Fruit Cup	Cheese Stuffed Breadsticks Nashville Hot Chicken Chunks & Biscuit Baby Carrots Crinkle Fries Marinara Cup Banana	Chicken Alfredo Pasta Chicken Smackers with TX Toast Spinach & Romaine Salad Seasoned Sweet Corn Fresh Apples Craisins	General Tso's Chicken & Fried Rice Sweet Thai Chili Chicken & Fried Rice Seasoned Broccoli Baby Carrots Strawberry Applesauce Fresh Orange	Steak Fingers & Biscuit Chicken Tenders & Waffles Mashed Potatoes with Gravy Green Beans Craisins Dried Apple Crisps
16	17	18	19	20
Jalapeno Cheese Nachos Turkey Taco & Cheese Nachos Ranchero Beans Cucumber Slices with Tajin Fresh Apple Slices Frozen Fruit Cup	Cheese Stuffed Breadsticks All Beef Hot Dog on a Bun Baby Carrots Crinkle Fries Marinara Cup Banana	Mac & Cheese with TX Toast Shredded Pork BBQ Sandwich Seasoned Sweet Corn Spinach & Romaine Salad Craisins Fresh Apples	General Tso's Chicken & Fried Rice Mandarin Orange Chicken & Fried Rice Steamed Broccoli Baby Carrots Applesauce Fresh Orange	Chicken Drumstick & Biscuit Steak Fingers & Biscuit Mashed Potatoes with Gravy Green Beans Craisins Dried Apple Crisps
23	24	25	26	27
Jalapeno Cheese Nachos Turkey Taco & Cheese Nachos Ranchero Beans Cucumber Slices with Tajin Fruit	Cheese Stuffed Breadsticks Nashville Hot Chicken Chunks & Biscuit Baby Carrots Crinkle Fries Marinara Cup Fruit	Manager's Choice	Manager's Choice Sack Lunch will be available EARLY RELEASE	CONGRATULATIONS GRADS! 
 <p>It's SUMMER!</p>	<p><u>All MEALS</u> are <u>FREE</u> for <u>ALL STUDENTS</u> for the entire School Year</p>	<p>1% White Milk and Fat-Free Chocolate Milk are available at every meal!</p>	<p>To complete a "MEAL" at both breakfast and lunch students must choose at least 1 serving of a fruit/juice or vegetable</p>	 <p>Great Food & Great Kids</p>

Menus are subject to change due to supply issues or product changes.

To restrict your student's account, visit www.schoolcafe.com. For questions, please contact the Food Service Department at 281-412-1244.