



HOTLINES / HELPLINES

Let's Stay Connected 24-Hour Hotline Houston area	713-556-1340
Gulf Coast Center 24-Hour Crisis Hotline https://gulfcoastcenter.org/	1-866-729-3848
NAMI Gulf Coast Helpline https://namigulfcoast.org/	1-800-950-6264
National Suicide Prevention Lifeline https://suicidepreventionlifeline.org/	1-800-273-TALK (8255)
24/7 Crisis TEXT line	Text "GO" to 741741
National Human Trafficking Hotline https://humantraffickinghotline.org/	1-888-373-7888
National Domestic Violence Hotline http://www.thehotline.org/	1-800-799-7233
Veterans Crisis Line https://www.veteranscrisisline.net/get-help/hotline	1-800-273-8255
National Runaway Hotline https://www.1800runaway.org/	1-800-RUNAWAY
National Runaway TEXT Line	Text "HOME" to 66008
TEEN Line (6:00 pm – 10:00 pm) https://teenlineonline.org/	310-855-4673
TEEN Text line (6:00 pm – 9:00 pm)	Text "TEEN" to 839863
National Teen Dating Abuse Helpline https://youth.gov/federal-links/national-teen-dating-abuse-helpline	1-866-331-9474
National Domestic Violence https://www.thehotline.org/help/	1-800-799-7233 1-800-787-3224 (TTY)

INFORMATION ASSISTANCE

United Way Helpline	211
Mental Health America of Greater Houston	713-522-5161

Pearland ISD Mental Health Resources page
<https://www.pearlandisd.org/domain/4325>